

QUARTERLY NEWSLETTER 2-2026

MONDAY
06/07/2026



From Vision to Action: Advancing Health Equity One Community at a Time

As we close the second quarter of 2026, we reflect with gratitude on a season of growth, innovation, and meaningful impact. Every outreach, partnership, and conversation has reinforced our belief that quality healthcare should never be a privilege but a right for every person, regardless of their circumstances.

From representing Cameroon on global health platforms to bringing lifesaving healthcare directly to internally displaced families, this quarter has demonstrated what is possible when compassion meets action.



One Health Festival 2026: Bringing Healthcare Where It Is Needed Most

One of our proudest moments this quarter was being selected to participate in the One Health Festival 2026, held alongside the One Health Summit. On 12 April, our dedicated team organized a comprehensive health outreach at the Mvog-Mbetsi Internally Displaced Persons (IDP) Camp in Yaoundé.



Together, we reached 115 internally displaced persons, providing:

- Comprehensive health screening
- Malaria testing and treatment
- Blood pressure and diabetes screening
- Obesity assessment
- Dental referrals
- Treatment for common illnesses
- Deworming
- Preventive malaria medication
- Mosquito net distribution to 50 vulnerable families
- Mental health awareness and psychosocial support

The outreach revealed several undiagnosed health conditions, including hypertension, diabetes, obesity, dental diseases, and skin infections. Early identification enabled timely referrals and treatment, preventing more serious health complications.



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Taking Healthcare to the Community

Healthcare should not wait for people to come to us—we also go to them.

Throughout the quarter, our team continued its door-to-door community outreach programme, engaging households across underserved communities to:

- Raise awareness about preventable diseases.
- Promote healthy behaviours.
- Educate families about available healthcare services.
- Register vulnerable individuals into our beneficiary programme.
- Provide information on mental health and psychosocial support.
- Connect community members with affordable healthcare services.

These interactions have helped build trust within the communities we serve while ensuring that more vulnerable individuals are aware of the support available to them.



Our Walk-in Clinic Continues to Grow

Our subsidized walk-in clinic continues to serve as a trusted source of affordable healthcare for vulnerable families.

During this quarter, we provided over 100 medical consultations, while witnessing a steady increase in the number of individuals registering to benefit from our healthcare support programme.

Registered beneficiaries continue to receive:

- Free medical consultations
- 20% discount on overall healthcare costs
- Affordable access to quality medical services
- Health education and counselling

As more families learn about our services, we remain committed to ensuring that cost is never a barrier to receiving quality healthcare.



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Taking Local Solutions to the Global Stage

On World Health Day, our President, Adelaide Bih, had the honour of serving as a panelist at the One Health One Planet Summit 2026 in Lyon, France. She joined global experts to discuss one of today's most pressing health threats—antimicrobial resistance (AMR).

The event provided an opportunity to share Zinvara's community-based approach to improving healthcare access while promoting the responsible use of medicines. More importantly, it strengthened our resolve to continue building healthier and more resilient communities through prevention, education, and affordable healthcare.

We are also proud to announce that our President, Adelaide Bih, was selected as a Fellow in the Amahoro Coalition Fellowship Cohort 4 (2026). This prestigious fellowship brings together exceptional refugee and displaced entrepreneurs from across Africa to strengthen their leadership, scale their impact, and build sustainable solutions for their communities.



Looking Ahead

As we enter the second half of 2026, we remain focused on:

- Expanding affordable healthcare services.
- Increasing the number of registered beneficiaries.
- Strengthening psychosocial support services.
- Growing partnerships and resource mobilization.
- Reaching more underserved communities through mobile and community-based healthcare initiatives.

We believe that lasting change begins with accessible healthcare, empowered communities, and strong partnerships.

Thank You

To our patients, volunteers, healthcare professionals, donors, partners, and supporters—thank you for believing in our vision.

Your encouragement and support continue to make it possible for us to bring healthcare closer to those who need it most.

Together, we are building healthier communities, restoring dignity, and ensuring that no one is left behind.

Zinvara Medicentre Foundation : Accessible Healthcare. Compassionate Care. Lasting Impact.



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